MPH MEMOS
The University of Tennessee | Department of Public Health

Dates to Remember

- February 22: LinkedIn Headshots
- March 1: MPH LinkedIn Workshop
- March 2: PHGSA Trivia Night
- March 2: Fieldhouse Social | 8pm
- March 13 - 17: Spring Break
- March 24: Healthy Weight Colloquium
- March 24: Baker Center
- March 31: Comprehensive Exams
- April 3 - 7: Sex Week
- April 3 - 9: National Public Health Week
- April 14: Spring Recess (No Class)
- April 28: Classes End
- May 11: TPHA East Tennessee Spring Meeting & Graduate Hooding

Public Health Graduate Student Association News

Meet Your 2017 PHGSA Officers!

- Emma Barnes, President
  ebarne15@vols.utk.edu
- Rachel Wojciechowski, Secretary
  rwojiec@vols.utk.edu
- TyKeara Mims, Vice President
  tmims@vols.utk.edu
- Rebecca Nowack, Treasurer
  rnowack@vols.utk.edu
- Quinten Ash, Philanthropy Chair
  qash@vols.utk.edu

Upcoming Dates

- Membership Meeting
  March 23rd after Seminar
- Trivia Night
  Thursday, March 2nd
  Fieldhouse Social | 8pm
- National Public Health Week
  April 3rd-8th
  Includes: CPR/First Aid training | volunteer opportunities | and more!
- Smokey's Pantry 5K
  Saturday, April 8th
  (registration open | see Emma Barnes about volunteer opportunities)

Have a design idea for new PHGSA t-shirts? Email Emma Barnes!

If you haven't paid your dues yet, please see either Rebecca Nowack or Emma Barnes. Big thanks to all who filled out the activity survey! We will get more fun things planned and have dates for you very soon. Lastly, welcome all of those who are new to the department! If you have any questions about anything or want to hang out, let any of us know - we are here to help!
Hi everyone! This semester I am introducing the “Public Health Podcast Corner” where with each issue I suggest various podcasts that are related to Public Health and the diverse interest areas in our department. Let me know what you think and please make suggestions for the next memo!

**Health Policy & Management**

**Planet Money**
Episode #655

“We shop around when we get a plane ticket or buy a couch. But we spend thousands of dollars on health care without comparing prices. Today on the show: What happens if we pay patients when they choose the cheaper option?”

**Nutrition**

**The Food Sommelier**
Podcast Episode #005

If you didn’t think taste testing was a science, think again! Sensory science is extremely important to the study of nutrition and public health!

**Community Health**

**TED Radio Hour**
“How Can You Give A Community Better Health?”

Ron Finley plants vegetable gardens in South Central LA — in abandoned lots, traffic medians, along the curbs. Why? For fun, for defiance, for beauty and to offer some alternative to fast food in a community where "the drive-thrus are killing more people than drive-bys.”

**Veterinary**

**The Uncommon Veterinarian**
Episode #002

An interview with public health and food safety veterinarian Dr. Michele Jay-Russell. In this second episode of The Uncommon Veterinarian Podcast.
Department of Public Health Research Day
Friday, February 3, 2017

Congratulations to all Master and Doctoral students who presented their research at Public Health Research Day!

List of Presenters

Joanne Peterson
Jennifer Russomanno
Austin Brewer
Amanda Letheren
Amanda Casteel
Rebecca Elias
Emma Barnes
Brandy Fuesting

Pragya Guatam Poudel
Michelle Smith
Katrina Wilgus
Cari Jennings
Mariel Crawford
Tom Hansen
XingXing Liu
Nikki Rosa
On February 10, nineteen MPH students participated in mock interviews with eight public health professionals representing local, state, federal, non-profit, and for-profit organizations. This four-hour event is the third annual in series of career preparation workshop series that were launched by the department to better prepare students for employment. The event featured a large group interview followed by small group breakout sessions.

In the large group session students’ names were drawn and they responded to commonly asked interview questions. Panelists gave immediate feedback on what worked well, how to improve, and what they are looking for in a response.

During the small groups, interviewers asked questions based on student resumes as they related to a specific job description in the students’ area of interest.

In case you missed it, here are a few interview tips:

• To prepare for an interview, research the organization and people you will interview with through Google searches, news, and LinkedIn.

• Before responding to a question, it is okay to pause to gather your thoughts. If you feel nervous or draw a blank, one strategy is to repeat the question. The process of saying aloud the question, may help you calm down and come up with a response.

• During the interview, smile and convey a warm demeanor.

Example questions to ask at the end of an interview:

• Where is the field innovating? Demonstrate that you are aware of trends.

• How does your organization support an employee’s on-going learning? This shows you are a life-long learner.

• How will this position contribute to the organization’s strategic priorities?

Still feel nervous? View interviewing as a learning experience. What will the questions teach you? What will you learn about whether you’re a fit or not?
Welcome Chancellor Dr. Beverly Davenport! We are excited to have you join our Volunteer family!

4th Annual TPHA Public Health Week Student Video Challenge

Videos should be based on the Public Health Week theme “Healthiest Nation 2030” and can be up to 2 minutes long.

Videos should be submitted by Friday, March 3rd at 3:00 pm CT
Submit videos: raillings@warrenschoo ls.com

- Any Public Health student is eligible to enter as long as one member (up to 4 members per group) is a member of Tennessee Public Health Association
- You must have a faculty sponsor review your entry before submission
- Include all contact information (including faculty sponsor’s) in email submission
- One Grand Prize Winner will be chosen for a monetary prize!

Share your news for the MPH Memos with Rebecca Elias, editor.
Email: relias@vols.utk.edu
Let’s Create Your LinkedIn Profile

This event is for UT MPH students!

When: Wednesday, March 1 // 1:30pm – 2:30pm
Where: HPER// RM 239

- Step-by-step guide to registration
- Advice from a career services consultant

Bring a laptop and resume to create your profile!!

Get a free LinkedIn headshot!
Photo shoots will be Mon Feb 20 and Wed Feb 22 from 8-9 am at the UT Gardens.
To reserve a 10 minute time slot, email Julie at jgrubaugh@utk.edu. Specify your preferred date and time.

Questions? Contact Julie Grubaugh at jgrubaugh@utk.edu or 974-9277