

# ASSESSMENT AND INTEREST FORM

## Applied Practice Experience (APEX)

### SELF-ASSESSMENT

#### 1. Public Health Knowledge and Skills

*What are your current public health strengths and weaknesses (e.g., data analysis, grant or report writing, assessment, etc.)? What classes have you excelled in and what classes have been more challenging? What type of skills do you want to gain or enhance?*

#### 2. Public Health Interests

*What are your public health interests? Are there certain topic areas that you are passionate about (e.g., global health, maternal and child health, health disparities, mental health, etc.)?*

#### 3. Values

*What are your top 3-5 personal and/or professional values? Consider why you decided to go into public health in the first place and pursue your MPH.*

#### 4. Work Environment

*What type of work environment do you prefer and work in best? Do you desire structure? Working independently? Working collaboratively on a team? Are you able to work more effectively in an office or remotely from home?*

#### 5. Professional Skills

*In addition to public health skills, what type of professional skills do you want to gain or enhance to prepare you for a career after graduation? Example professional skills are communication, leadership, public speaking, teamwork, etc.*

## 6. Geographic Location

*Where do you want to complete your APEX? Do you want to stay local or are you willing to commute to surrounding cities? Do you want to complete the APEX in another state and if so, what resources will you need? Do you have accommodations or housing available? Are you looking for an APEX that is fully remote?*

## 7. Compensation

*Will you require compensation for your APEX? If so, consider how much and begin planning early to allow time to find an appropriate organization that offers paid opportunities.*

## FIELD SITE INTERESTS

### 1. Type of Agency

*What type of agency (or agencies) are you most interested in working for? What type of agency might work best given your preferred work environment, location, skills, etc.? Example agency types are government, non-profit, hospital, etc.*

### 2. Potential Organizations

*Are there organizations you are aware of in the community or nationally that you are interested in working for? How does the organization relate to your public health interests and career goals?*

**Students should discuss the Assessment and Interest form with their faculty advisor and/or the APEX coordinator. This document is used for APEX planning purposes only.**